

I AM

I am not the body
nor the emotions, nor the thought,
I am the soul.

I AM THAT I AM!

I am connected and one
with my higher soul.

I invoke the blessing
Of my higher soul,
All the great ones,
And the universal Supreme God -
For spiritual, mental, emotional and physical abundance.

I am unlimited in all facets of my life
I am in the flow
Whatever I want or need
I easily bring into my experience
Let all blocks be disintegrated
Let all negativity from within and without be dissolved
Let all fear & doubt be released
NOW

There is no limit to the wealth of the universe
There is plenty of money available for everyone
Including me
I am attracting unlimited resources
To fulfill my dream
through my positive thoughts, actions and belief
I access the power of the universe
through the Law of Attraction.
I am open to receiving and allowing prosperity and abundance into my life
NOW

I see myself
in perfect health
in absolute prosperity
in the flow.
Appreciating this life experience
Fulfilling my life's purpose
in joy, in harmony and in love.

And now my work for this day is done
I leave this meditation in this marvelous state of being
Effortlessly attracting abundance
Looking for more things that I like.
I follow my bliss
I am whole
I am prosperous
I am happy
So be it!

Repeat three times.